



**Assumption • Pre-Judgment
Discrimination • Painful**

These words all describe the phenomenon of stigma. In the field of mental health and substance abuse, stigma has a damaging impact on services and outcomes. It undermines therapeutic, professional, and personal relationships.

“**Stigma...in Our Work, in Our Lives**” will prompt meaningful thought and conversation among all those who have been affected by mental illness. In the video, nineteen mental health consumers, family members, providers, and administrators share their candid perspectives on the effects of stigma in their work and in their lives.

“**Stigma...in Our Work, in Our Lives**” is an invaluable tool for continuing education in the health care professions. Educators will also find it an excellent resource in undergraduate and graduate settings.

“**Stigma...in Our Work, in Our Lives**” was created by The Anti-Stigma Project of On Our Own of Maryland, Inc. and funded by the Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, Department of Health and Human Services.

30 minutes.

A Video Training Tool

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